



Date: February 1, 2011

To,  
The Sports Editor

Sub.: **Shashank Wakde of Maharashtra gets “Mr. India 2011” Title in 3<sup>rd</sup> Senior National Body Building Championship 2011.**

Dear Sir / Mam,

We are pleased to inform you that **State Body Building Association (Gujrat)** had organized the most prestigious Body Building Championship of the year, **3<sup>rd</sup> Senior National Body Building Championship 2011**, popularly known as a “**Mr. India 2010**” at Vadodara, Gujrat on 30<sup>th</sup> January 2011.

More than 250 body builders from 24 affiliated state units took part with best of their physique to win the Champion of Champion title. Shashank Wakde of Maharashtra was declared the Champion of Champion and was rewarded Rs.1,00,000/- cash award sponsored by Talwalkars and Trophy. Sagar Katurde of Maharashtra was declared Runner Up who was awarded Rs.50,000/- cash and trophy. Jayendra Mayekar also of Maharashtra bagged the Best Poser Title along with cash award of Rs.25,000/-

The championship was conducted in nine weight groups and in each weight group five winners were rewarded handsomely with cash awards of Rs.25000/-, Rs.20000/-, Rs.15000/-, Rs.10000/- & Rs.5000/- respectively. For the first time in body building history such huge cash awards were distributed.

Mrs. Tulsi Sujan - President, Mr. M. K. Sharma - Hon. Gen. Secretary & Mr. Vijay Panchal, Organising Secretary of State Body Building Association (Gujrat) along with Mr. Chetan Pathare, Navneet Singh & Mr. Subhash Badhana of Indian Body Builders Federation worked towards making it a grand success.

Mr. Universe, Padamshri - Premchand Degra, Mr. Madhukar Talwalkar were present for the championship.

Please publish the same in your esteemed newspaper.

Thanking you.

Yours sincerely

**Premchand Degra**  
Hon. Gen. Secretary



**Indian Body Builders Federation**

**3<sup>rd</sup> Senior National Body Building Championship  
28-30 January 2011 – Vadodara, Gujrat**

**55 Kg**

Name Of Competitors	Unit	Trunk No.	RANK
RAJU YADAV	TELANGANA	9	1
AMIT MEHTA	PUNJAB	13	2
HONEY KUMAR	PUNJAB	6	3
GOPAL DEBNATH	WEST BENGAL	10	4
TOFIK LASKAR	WEST BENGAL	12	5

**60 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
SHIV KUMAR	DELHI	39	1
NABIN JANA	WEST BENGAL	46	2
DR. TUSHAR BORKAR	JHARKHAND	41	3
RANA MAJI	WEST BENGAL	38	4
AMIT	UP	47	5

**65 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
NEERAJ KUMAR	DELHI	66	1
SANTOSH BHARANKAR	MAHARASHTRA	63	2
U.V. BABU	KERALA	58	3
ARUN A.R.	KERALA	65	4
ANIL KUMAR	PUNJAB	70	5

**70 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
JAYENDRA MAYEKAR	MAHARASHTRA	98	1
SUSHIL KUMAR	PUNJAB	105	2
MOHANDAS N.V.	KERALA	90	3
LOKESH JOSHI	DELHI	100	4
FREDICK CREDO	MAHARASHTRA	93	5



**Indian Body Builders Federation**

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**75 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
SAGAR KATURDE	MAHARASHTRA	138	1
SUNIL BHOIR	MAHARASHTRA	133	2
AMIT ROY	MAHARASHTRA	126	3
DEVENDER YADAV	HARYANA	130	4
RAVI KUMAR	PUNJAB	136	5

**80 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
RAJESH S.R.	KERALA	158	1
KRISHNA MURTHY	KARNATAKA	153	2
VINIT MARAWAHA	PUNJAB	175	3
JITENDER YADAV	HARYANA	165	4
FREDICK PETER	DELHI	160	5

**85 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
SHASHANK WAKDE	MAHARASHTRA	198	1
VITENDER PAWAR	UTTAR PRADESH	195	2
JAGAT KUMAR	DELHI	196	3
SUKHNEET SINGH	PUNJAB	203	4
SWAPNIL ATHAIDE	MAHARASHTRA	201	5

**90 Kg**

Name Of Competitors	Unit	Trunk No.	Rank
VIRENDER MALHAN	DELHI	229	1
VIJAY BHADUR	UTTAR PRADESH	225	2
RUSHAD KHAMBATTA	MAHARASHTRA	227	3
PRADEEP KUMAR	DELHI	233	4
DAVID MOMIN	ASSAM	224	5



**Indian Body Builders Federation**

**3<sup>rd</sup> Senior National Body Building Championship**  
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**90 Kg above**

<b>Name Of Competitors</b>	<b>Unit</b>	<b>Trunk No.</b>	<b>Rank</b>
M.D. WASIM	DELHI	<b>256</b>	<b>1</b>
SACHIN BARBOZ	MAHARASHTRA	<b>251</b>	<b>2</b>
NARENDER KUMAR	HARYANA	<b>252</b>	<b>3</b>
MANOJ YADAV	HARYANA	<b>254</b>	<b>4</b>
HARJEET DHAKA	DELHI	<b>253</b>	<b>5</b>

**Overall Champion: SHASHANK WAKDE OF MAHARASHTRA**

**Runner up: SAGAR KATURDE OF MAHARASHTRA**

**Best Poser: JAYENDRA MAYEKAR OF MAHARASHTRA**

**Team Championship: Maharashtra**

**Runner Up: Delhi**